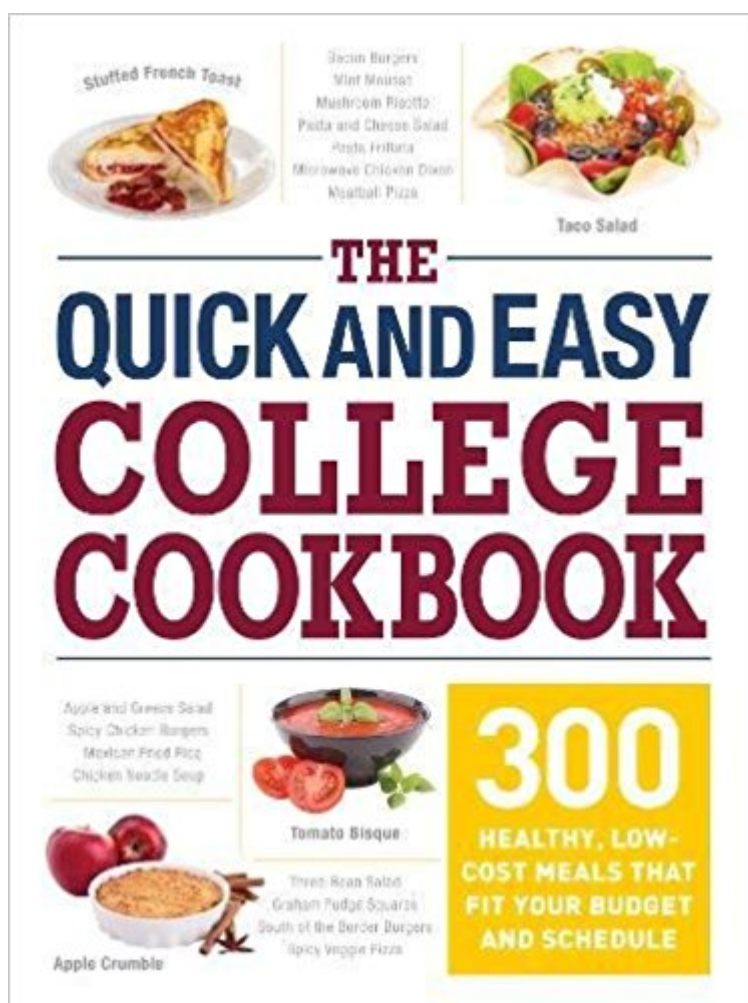


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# The Quick And Easy College Cookbook: 300 Healthy, Low-Cost Meals That Fit Your Budget And Schedule



## Synopsis

300 quick, easy, and cheap recipes! College life is busy. While the dining hall or takeout can be convenient, these shortcuts can take a toll on your maxed-out bank account, not to mention your waistline. The Quick and Easy College Cookbook will help you create delicious and healthy recipes in a flash! With low-cost ingredients that still have high nutritional value, you're sure to love cooking up these recipes. The best part? No experience or fully equipped kitchen required! You'll find 300 recipes that range from hearty breakfasts to healthy study-session snacks to fuel an all-nighter. Even first-time cooks will succeed, with the help of a glossary of cooking terms and checklists of essential kitchen equipment and pantry staples. With hundreds of student favorites, like Huevos Rancheros, Korean Spicy Pork Tacos, and Peanut Butter Cups, this cookbook is required reading for any student who likes healthy home cooking.

## Book Information

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While the recipes were relatively "quick and easy", I don't know that I would put this under the "college" category. I was hoping it would be more appropriate for students cooking for themselves

but most, if not all, had serving sizes of 4,8 and up to 12. I don't know about your students but mine aren't cooking for that many people. I ended up getting another one that had recipes that wouldn't feed half the apartment block.

I bought this as a present for my daughter who is now venturing into cooking. It is a good starter book.

Got this for my daughter and she loves it

This book has a ton of great recipes that are quick and easy. But most of all, cost effective! Great for "poor" college kids!

Had this sent to my granddaughter at college and she loves it! Delivery was quick and I love that it has a gluten free section in the book.

What kind of cook book doesn't have pictures? How am I supposed to know if the food is good if I can't see if it looks good?? The recipes are good though. And easy!

She'll love it

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